

FAMILY SELF-SUFFICIENCY

NEWSLETTER

SALINA HOUSING AUTHORITY

DECEMBER 2019

December

December 1

World AIDS Day

December 2

National Pollution Day

December 10

Human Rights Day

December 19

New FSS Orientation

December 24 & 25

Holiday Break (Office Closed)

Remember! December we will have the drawing for attendance!

Did you make all of your FSS appointments from September through November?

Gifts and Gratitude

Over the holidays, finances and the flow of finances are often compromised but when if there were a way to decrease the financial frustration during this time of year. By utilizing budgeting skill, motivation and by simply understanding gratitude we can develop more financially responsible skills and less stress over the next few months.

We all have seen on social media the concept of the “Savings Challenge.” Have you tried it? The thought is to save a designated weekly amount for a year to until you reach enough to pay for the holidays OR just to put into savings. (I personally like the idea of both.) The challenge itself is not as difficult as it seems. If you think about the amount of money you may spend on McDonald’s or just splurging on something you really didn’t want or need, you are placing it into a savings for your children or for your future.

Buy less. That’s right I said it...BUY LESS for the holiday! There is nothing wrong with gift giving from the heart. By handmaking items or reducing the gifts you give can allow your pockets to breathe. It also encourages us to appreciate the time it takes for someone to put their time into a gift for you as compared to just picking up something manufactured. One thing that our family has adopted was the gifts of 4—Something You WANT. Something you NEED. Something you can WEAR. Something your can READ. This will help each other not focus on gift giving but appreciate what you have by not encouraging the desire to want things that have little to no value to daily existence therefore wasting money on toys or things no one ever uses.

Overall, the notion is to save money to have better outcomes not only financially but to improve our relationships teach with our families and friends.

—Rachel

SHA Mission Statement

The Salina Housing Authority is dedicated to providing and advocating affordable, safe living environments and opportunities to become self-sufficient for persons of very low to moderate income

Lost motivation means that you broke promises to yourself and haven't corrected them yet. You need to believe in yourself again.

This can only happen when you start fulfilling the small promises you make to yourself. —Chris Powell

Events

December 7 2 P-4 P

The Grinch Movie

Salina Public Library

December 7 1 P-3 P

Candy Canes and Airplanes

Hangar 600 KSLN

December 8 2 P-4:30 P

Mayor's Christmas Party

Tony's Pizza Event Center

December 14 1 P-5 P

SPLASH

YMCA

December 15 1:30 P-4 P

Santa Is Coming To Town

By Helicopter

Residence 600

(Call venue for instructions
prior to going to this event)

Happy Holidays!

Rachel Holt, FSS Coordinator

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So THIS JUST happened...

November 2019 Graduate

Stacy started FSS in September 2017. She immediately began working on her CNA Refresher at Salina Area Technical School as an attempt to begin her road to become a Registered Nurse. While completing her CNA Refresher course, Stacy continued to seek employment to help support her family. She was able to establish employment as an Assistant Manager making approximately \$12/hour. However, Stacy continued to stay true to her goal to become better for her family. By being persistent and displaying leadership skills, Stacy became General Manager and now makes over \$40,000 per year!

Stacy has paid off approximately 80% of her student loans, has purchased a reliable car for her family and plans to exit her housing program in February 2020. She plans to utilize her escrow funds to become a first time homeowner! By being persistent, consistent with her plan and being prepared for adversity as well as being motivated, Stacy graduated from the program early due to her ability to surpass the maximum income guidelines!

Way to go, Stacy!!

