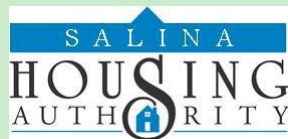


Family Self Sufficiency Program April 2019 Newsletter

Salina Housing Authority 469 S. 5th St., Salina, KS 67401 Phone: 785-827-0441



The Salina Housing Authority is dedicated to providing and advocating affordable, safe living environments and opportunities to become self-sufficient for persons of very low to moderate income.



PH & S8 Family Self-Sufficiency Program

KaySue Nothern
FSS Coordinator

Phone:785-827-0441

Ext. 201

kaysue@salinahousing.org



****Reminder****

The Family Self-Sufficiency program has scholarship money available to fund allied health care courses and general education courses at Salina Area Technical College to those that qualify.
YOU DO NOT NEED TO BE ON THE FSS PROGRAM TO APPLY.

Easy Mini Chicken Pot Pies

Ingredients

- ◆ 1 tub (8oz) cream cheese
 - ◆ 1/4 cup milk
 - ◆ 1 clove garlic
 - ◆ 1 cup chopped cooked chicken
- ◆ 1 cup frozen mixed vegetables (carrots, corn, peas) thawed.
- ◆ 1 can (12oz.) refrigerated biscuits (10 biscuits)
- ◆ 1/2 cup shredded cheddar cheese

Instructions

1. Heat oven to 375°F.
2. Mix cream cheese spread, milk and garlic in medium bowl until blended. Add chicken and vegetables; mix well.
3. Separate biscuits. Press 1 biscuit onto bottom and up the sides of each of 10 muffin pan cups sprayed with cooking spray. Fill with chicken mixture; top with shredded cheese.
4. Bake 20 to 22 min. or until biscuits are golden brown. Cool in pan 5 minutes before removing from pan to serve.



Salina Parks and Recreation is offering Summer Camps!

Camp Salina & Sports Physical Education Camps will be offered through the Salina Parks and Recreation Department. They will be offering nine one-week sessions beginning May 28, 2019. Costs will be \$100/week. Registration packets will be available April 1, 2019 and registration will begin Monday, April 22, 2019.



You may register

- ♦ *Online-www.salinaparks.com*
- ♦ *Drop-Box-City-County Bldg 300 W. Ash*
- ♦ *Mail-In-P.O. Box 736, Salina, KS 67402*
 - ♦ *Fax-In-785-309-5769*
- ♦ *Walk-In-City-County Bldg, Park & Recreation Dept.
300 W. Ash, Rm. #100
Salina, KS 67401*



Salina Family YMCA Day Camp

- ♦ *Outgoing K-5th Grades*
 - ♦ *Capacity: 120 campers/week*
 - ♦ *Fees: Member \$120/week
Non-Member \$150/week*
 - ♦ *Begins May 28, 2019*
 - ♦ *Ends August 9, 2019*
- Registration now available.*

Website: www.salinaymca.org



Note: Enrichment Camp available for outgoing 4-8th grades.